



FREDERICK FALCONS WEEKLY NEWS

JANUARY 17, 2025



IMPORTANT DATES

MONDAY, JANUARY 20TH
MARTIN LUTHER KING JR. DAY
NO SCHOOL

THURSDAY, JANUARY 23RD
FS/GMS FAMILY
ROLLER SKATING NIGHT

FRIDAY, JANUARY 24TH
INTRAMURAL SIGN UPS
CLOSE FOR SESSION 3.



PRINCIPAL'S MESSAGE

Dear Frederick Families,

We hope that everyone has had a great week! In this week's message, I have a few different topics that I wanted to address with everyone. First, please remember that there will be no school on Monday, January 20th as we will be closed in observance of Dr. Martin Luther King Jr. Day. As we take the day to honor the legacy of Dr. King and his fight for equality and justice, we encourage everyone to keep his message alive by doing his or her part to contribute to a just and positive community in which all are treated equally and with respect.

Also, this past week we had a cold snap that lasted several days and impacted our ability to hold outdoor recess. While the temperatures had increased yesterday and today, we are expected to face some bitter cold again when school resumes on Tuesday. We do not plan to have students outside in extreme cold, but it is important that students come to school dressed warmly for the conditions as there will be time outside as they enter or exit the building or wait at their bus stops or the pickup line.

Next, In past newsletters and communication, we shared that our goal is to help all students **SOAR** (be Safe, take Ownership, and Always be Respectful). We believe these key actions help contribute to a positive and safe school community for everyone. As we strive to help students develop ownership over their learning and responsibilities, we have seen an increase in the number of chromebooks being left at home or coming to school uncharged. Chromebooks are a vital tool for students to be able to access class materials and assignments. To help promote ownership, it would be beneficial to work with your child to identify typical routines for management of chromebooks and other school materials at home to ensure that they are kept in safe location to charge so they are ready for the next day.

We are proud of the efforts of our Falcons as they continue to grow and learn, becoming more responsible and independent along the way! Ownership is a key concept to what we strive for at Frederick, and helping students make sure they are prepared and ready with their necessary materials each day is very helpful.

Thank you again to our wonderful school community for your continued support and partnership. We hope that everyone has a wonderful weekend!



Frederick School
595 Frederick Rd.
Grayslake, IL 60030
Phone: (847)543-5300



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on Facebook!**



FALCONS OF THE WEEK

SOAR



Falcons of the Week - Team Compassion: (Pictured left to right): Owen M. (Mrs. Flores), Gael F. (Mrs. Hamburg), Trey C. (Mrs. Boxer), Lyla S. (Mrs. Lagudem), Joey L. (Mrs. Kuzmenko)

REMINDERS, NEWS & UPDATES



Lost and Found

The school's lost and found has become quite overwhelming with numerous unclaimed items. To ensure a clean and organized space, we will be donating any unclaimed items at the end of this month.

We kindly ask that you encourage your child to check the lost and found for any missing belongings before the end of the month. If you would like to stop by and check for missing items please stop in between the hours of 8:00am - 4:00pm. We appreciate your cooperation in helping us manage this and ensuring that lost items are returned to their rightful owners.



Intramural Session 3 - Sign-Ups are Open!

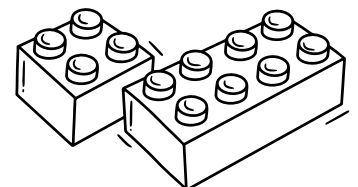
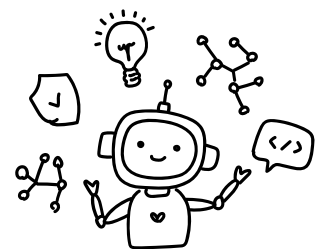
The third session of intramural is starting the week of February 3rd! Please review the link to the registration form and club descriptions below:

[Registration Form](#)

[Club Descriptions](#)

Please know that some clubs are very popular and we may not have space for all students who express interest. If necessary, we will hold a random lottery for all sign ups received on January 24th and we will notify families whether or not their child is selected on Wednesday, January 29th

Any fees for participation will be added to your child's account on Infinite Campus near the beginning of the session. If you have any further questions regarding the intramural program, you can contact Mrs. Mobile at mobile.bridget@d46.org



Way to Go Falcons! Shout Out to Wrestlers and Science Olympiad

It was a busy weekend for some of our Falcons and we wanted to send a special shout out to our Frederick wrestlers and our Science Olympiad teams for their accomplishments at their respective tournaments last weekend.

Last weekend, GMS/Frederick wrestling competed at Huntley Middle School in DeKalb in tournament along with 15 of some the best wrestling teams in the entire state. Even though some wrestlers were competing in their first matches ever, the GMS/FS team was able to take 7th place the tournament overall, and several members of the team were able to place individually. Way to go 6th grade **Dominic B.** who took 4th place in his weight division!

The Frederick Science Olympiad team also participated in their first competition last weekend as well in Rockford, which included multiple out of state and nationally recognized teams, and our students competed so well! Despite the tough competition, several Frederick students were able to medal in the following events:

Scrambler JV - Second Place: **Anderson D. & Anika P.**
Scrambler Varsity - Fourth Place: **Parker D. & Riddhima L.**
WIDI JV - Fifth Place: **Archer C. & Emmett R.**
WIDI Varsity - Sixth Place: **Cecilia D. & Max T.**

To all of our wrestlers and Science Olympiad students, we are so proud of you hard work and effort in your first competitions this season! Way to show everyone what Falcons are all about!

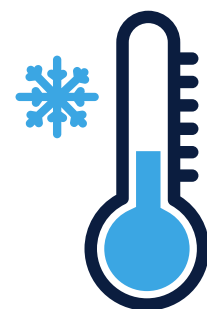
Reminder: Outdoor Recess During Winter

We strive to offer outdoor recess daily and will always consider the current weather and area conditions. When temperatures are below 40 degrees, we provide students an option between outdoor and indoor recess activities. If the temperature drops to where the “real feel” is below 10 degrees, all recess activities will be indoors only.

When fields are covered in snow, students will only be able to play in snow covered fields if they are wearing appropriate winter gear (at minimum this must include a coat, snow pants, and boots.) While we want our students to be able to enjoy the snow, we also want to make sure that they are comfortable and dry upon returning to class.

In addition to temperatures, we also consider the conditions of our blacktop areas or fields. For example, indoor recess may also be called if our blacktop areas are too slippery or if the fields are flooded or muddy. The safety of all students will always be our number one priority when making these decisions!

We ask for your support in making sure that your child is dressed appropriately for the weather conditions each and every day.





Route 83 Showdown - Save the Date!!

Friday, February 21, 2025
6:15pm Doors Open, 7:00pm Tip-off
Grayslake North High School Gym
1925 N Illinois 83, Grayslake

Join us on Friday, February 21 at Grayslake North High School as Frederick School and Grayslake Middle School staff take to the court in an exciting battle of skill, spirit, and a little friendly rivalry. Cheer on your favorite teachers and staff, and don't forget to dress in your school's colors or spirit wear to show your pride.

This family-friendly event promises plenty of excitement, including an entertaining halftime show, 3-point shootout featuring students, a 50/50 raffle and more!

Mark your calendars now! More detailed information to follow soon!



Family Roller Skating Night is Next Week!



Thursday, January 23

6:00PM - 8:30PM

Just For Fun Roller Rink, Mundelein

Get ready to lace up your skates and enjoy an evening of music, laughter, and community spirit on Thursday, January 23 from 6:00PM - 8:30PM at Just for Fun Roller Rink in Mundelein. Admission is \$10/person online by 1/20/25 or \$15/person at the door. Fee includes skate rental. Don't miss this fantastic opportunity to connect with other families and support our schools!

This is a family event, however we will be allowing drop offs per parent/guardians' discretion. Parents/guardians will need to provide emergency contact information at the time of registration. For parents/guardians that would like to stay and not skate will not need to pay a spectator fee.

For details, updates and to register:

<https://go.rallyup.com/familyrollerskate>

Barnfest

Saturday, April 26, 2025

6:00pm – 10:00pm

Jesse Oaks Food and Drink

18490 W. Old Gages Lake Road, Gages Lake



Join Foundation 46 at Barnfest on Saturday, April 26, 2025 at Jesse Oaks Food and Drink. Enjoy music, games, raffles and MORE!

Barnfest is the foundation's capstone fundraising event that funds the grants that are given to District 46 staff. This is an adults only event that celebrates and supports the staff and community of District 46.

Early Bird tickets are \$45 each (before April 1st) or \$60 for General Admission (after April 1st).

Tickets include event admission, dinner and free games including a mechanical bull! All 21+ aged family members and friends are welcome! Test your luck as well at our Cash Bingo event!

Hope to see you there!

FOLLOW THE PTO
ON FACEBOOK!

Connect with the PTO

The Frederick/GMS PTO can be reached at the following places:

Email: frederickgms.pto@gmail.com

Website: frederick.d46.org/pto/

Facebook: Frederick-Grayslake Middle School PTO

Next General PTO Meeting: January 29, 2025 5-6PM @ FS Media Center

CLICK HERE



THE FREDERICK/GMS PTO PRESENTS:

Family Roller Skating Night



Lace up your skates and enjoy an evening of music, laughter, and community spirit. Whether you're a pro on wheels or a first-timer, this event promises excitement for all ages. Don't miss this fantastic opportunity to connect with other families and support our schools. See you on the rink!

THURS, JAN 23RD

6:00 PM - 8:30 PM

Just for Fun Roller Rink
139 Seymour Avenue, Mundelein

\$10

REGISTER BY
1/20/25

\$15

AT THE DOOR

BOTH FEES INCLUDE
SKATE RENTAL

For details,
updates &
to register





Frederick School

Intramural Program 2024-2025

Session 3

January 2025

Welcome to the third session of Intramural Clubs at Frederick School. There will be 1 more Intramural session this year: The third session will begin Monday, February, 3rd 2025.

Session 3: February 3 - March 13 (No clubs February 17, No Kickball on March 4th)
Session 4: April 7 - May 15

Activities run Monday through Thursday from 3:20-4:30 pm. Please pick only one intramural club per day. The fee for each intramural is \$30. Some clubs have additional fees for supplies (see brochure). Homework Club is **free** to Frederick students and students must bring work that needs to be done or a book to read.

There will be no intramural clubs on half days or on days when there is no school. ***Should an intramural be canceled (as in the event of severe weather), you will be notified as soon as possible.***

Please note that students must be picked up on time at 4:30 pm in the main parking lot. If they are not, we may dismiss them from the intramural program. There will be **NO** bus service for students attending the intramural program.

All registration Google Forms are due by Friday, January 24, 2025. You will receive an email confirmation of what club the students got into on Wednesday, January 29, 2025. ALL payments will be charged through Infinite Campus. Please do NOT send in payment.

Google Form Link: [Registration Form](#)

We look forward to another successful intramural session, where kids can have fun with their old friends, while making new friends.

Sincerely,
Bridget Mobile
Intramural Coordinator
Frederick School
mobile.bridget@d46.org

Frederick Intramural Activities

Session 3

Session 3: February 3-March 13

(No clubs February 17 and No Kickball on March 4th)

*Please note that **all** intramural activities are offered as one-day-a-week sessions.*

MONDAYS:

Homework Club

Ms. Dompke / 202

Looking for some extra time to do your homework? Stay after school and get your work done! We require your regular attendance at the club, so choose days you know you will be able to attend weekly. Homework Club is **FREE** for Frederick students.

Anime Club

Reisman / 515

Do you enjoy anime? Come join Anime club where we will watch some episodes of different anime, talk about your favorite parts and theories, and explore the culture of anime and have fun doing it.

NOTE TO PARENTS/GUARDIANS: Some anime may have violence or other adult situations that would entail a PG or PG-13 rating. If you would like to review some of the options we will consider, please check out the links below or their personal rating on Common Sense Media or IMDB. reisman.sam@d46.org

[Anime Films - Common Sense Media](#)

<https://www.common Sense Media.org/lists/best-anime-movies>

[Anime TV for Teens and Tweens - Common Sense](#)

[Media, https://www.common Sense Media.org/lists/anime-tv-for-teens-and-tweens](https://www.common Sense Media.org/lists/anime-tv-for-teens-and-tweens)

Rainbow Loom Club

Schrimp / Rm 203

Rainbow Loom Club after school has been a colorful adventure! Each week, we gather in classroom 203, surrounded by vibrant rubber bands and creative ideas. It's not just about making bracelets; it's about sharing laughter, learning new patterns, and bonding with friends over our latest creations.

Dodgetball Club

Berliner / Gym

Joining the dodgeball club after school will be a fun way to unwind and get active afterschool and a great way to meet new friends. We will focus on team spirit and friendly competition creating an exciting atmosphere. *We will have a code of conduct for each participant to sign on the first day so everyone will know the expectations.*

TUESDAYS:

Homework Club

Lopez / Rm 101

Looking for some extra time to do your homework? Stay after school and get your work done! We require your regular attendance at the club, so choose days you know you will be able to attend weekly. Homework Club is **FREE** for Frederick students.

Cooking Club

Pucher / 110 Science Lab

Time to get cooking again. If you like to slice, dice, mix it up and more, then this is the club for you. Together, we will follow recipes to create many delicious foods for you to enjoy. You will get a copy of the recipes for you to create your own cookbook and share your culinary skills with your families. For sanitary purposes, you will be required to wear a mask during food preparation. Masks will be provided by the school. Students with long hair are encouraged to wear a hair tie or clip.

***Allergy alert: We will not cook with peanuts, but please be aware that allergies may be present. There may be dairy in the food depending on the week.**

****There is an additional \$10.00 charge for supplies.**

Kickball Club *(No Club Tuesday, March 4th)*

Berliner & Schaechter/ Gym

Joining the kickball club after school is a fantastic way to add some fun and excitement to your week! Whether you're a seasoned player or just looking to try something new, the club offers a great mix of friendly competition and team spirit. You'll get to enjoy some fresh air, make new friends, and improve your kickball skills in a relaxed, supportive environment. So lace up your sneakers and come kick it with us!

We will have a code of conduct for each participant to sign on the first day so everyone will know the expectations.

WEDNESDAYS:

Homework Club

Schwarzbach/Rm 101

Looking for some extra time to do your homework? Stay after school and get your work done! We require your regular attendance at the club, so choose days you know you will be able to attend weekly. Homework Club is **FREE** for Frederick students.

Knitting Club

Griffin/Library

Unwind and unleash your creativity in a cozy, welcoming environment. Whether you're a seasoned knitter or a complete beginner, the club offers a perfect mix of crafting, learning, and socializing. You'll have the chance to work on your own projects, exchange tips and ideas with fellow knitters, and enjoy some relaxing time with friends.

Note: Knitting needles are available for \$4.00

Stamp and Scrapbook Club

Czapiewski/Library

Come make and have fun with stamps and scrapbooking! Let your creativity run wild as you craft how you'd like. Bring your favorite pictures to use while crafting.

Art Club

Crane/Art Room

Calling all fellow artists! Art Club students will enhance their artistic skills by working on individual projects as well as making cool group projects that may possibly hang in the school permanently!

***There is an additional \$10 charge for supplies**

Cooking Club

Pucher/110 Science Lab

Time to get cooking again. If you like to slice, dice, mix it up and more, then this is the club for you. Together, we will follow recipes to create many delicious foods for you to enjoy. You will get a copy of the recipes for you to create your own cookbook and share your culinary skills with your families. For sanitary purposes, you will be required to wear a mask and gloves during food preparation. Masks will be provided by the school. Students with long hair are encouraged to wear a hair tie or clip.

***Allergy alert: We will not cook with peanuts, but please be aware that allergies may be present. There may be dairy in the food depending on the week.**

****There is an additional \$10.00 charge for supplies.**

Sign Language Club

Gorell/Rm 105

Learning sign language after school opens up a whole new world! Each session is filled with fun and engaging activities as we explore the basics of communication through signs and expressions. The supportive atmosphere in class makes it easy to practice with friends.

THURSDAYS:

Homework Club

Shultz / Rm.307

Looking for some extra time to do your homework? Stay after school and get your work done! We require your regular attendance at the club, so choose days you know you will be able to attend weekly. Homework Club is **FREE** for Frederick students.

Board Game Club

Dompke / Rm 202

Joining the board game club after school on Thursdays will be so much fun! It's a great way to challenge your strategy skills and have some friendly competition. We will have games available or you can bring your own to share with the group. All games should be labeled with the students name for easy reference.

Crochet Club

Blazek/Library

Join the Crochet Club after school and discover the joy of creating beautiful, handmade projects with your friends! Whether you're a beginner or have some experience, this is the perfect space to learn new techniques, share creative ideas, and make lasting memories. From cozy scarves to fun accessories, crochet is an exciting craft that anyone can pick up. So grab a hook and some yarn, and let's get crafting together!

Note: Crochet hooks are available for \$5.00

Video Gaming Club

Reisman/Rm 515

Want to play games with your friends? Bring a device and come play some games. You can bring your phone or tablet for mobile games like Among Us or Minecraft, you can bring your Nintendo Switch, or just your chromebook. There may be tournaments and

special events certain weeks, but for the most part it is just a chance to game and hang out with your friends.

NOTE TO PARENTS/GUARDIANS: *If students choose to bring their own device from home (Nintendo Switch, phone, tablet, etc.) they are responsible for keeping it turned off and in their locker or backpack during the school day. No devices will be given to students to use at the club. Students can use their chromebook for gaming as well. Cases are recommended for travel to avoid breakage or damage. We are not responsible for any lost or damaged devices.*