

## November. 2024. Breakfast Frederick, Park Campus, & Grayslake Middle

itives, rvatives	MONDAY	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<b>FRIDAY</b>	
-ructose i Syrup	Menus may be subject to change.		Try Our Warm Breakfast Fridays		1 National Cinnamon Day Mini Cinnamon Waffle 100% Juice Box Seasonal Fresh Fruit Cold Milk Pint	Breaktast
d Foods	4 No School	5 No School	6 Animal Cracker W. Cheese Stick 100% Juice Box Seasonal Fresh Fruit Cold Milk Pint	7 WG Ultimate Breakfast Round 100% Juice Box Seasonal Fresh Fruit Cold Milk Pint	8 Chef Choice 100% Juice Box Seasonal Fresh Fruit Cold Milk Pint	Grayslake D46, Good morning.
Vetery Meats	11 Emoji Cracker 100% Juice Box Seasonal Fresh Fruit Cold Milk Pint	12 Campfire Smore Bar 100% Juice Box Seasonal Fresh Fruit Cold Milk Pint	13 WG Golden Grahams Cereal Bar 100% Juice Box Seasonal Fresh Fruit Cold Milk Pint	14 Strawberry Oatmeal Bar 100% Juice Box Seasonal Fresh Fruit Cold Milk Pint	15 Warm Mini Confetti Pancake 100% Juice Box Seasonal Fresh Fruit Cold Milk Pint	breakfast that you can grab and go to fuel your brain for the
AYS fresh ER frozen	18 Apple Oatmeal Bar 100% Juice Box Seasonal Fresh Fruit Cold Milk Pint	19 WG Banana Muffin 100% Juice Box Seasonal Fresh Fruit Cold Milk Pint	20 Super Donut 100% Juice Box Seasonal Fresh Fruit Cold Milk Pint	21 WG Fudge Pop tart 100% Juice Box Seasonal Fresh Fruit Cold Milk Pint	22 Warm Waffle 100% Juice Box Seasonal Fresh Fruit Cold Milk Pint	day ahead. It's found in your cafeteria.
**** ar School unch ovider	25 Chocolate Oatmeal Bar 100% Juice Box Seasonal Fresh Fruit Cold Milk Pint	26 Chef Choice 100% Juice Box Seasonal Fresh Fruit Cold Milk Pint	27 No School	28 No School	29 No School	

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Ingredients,











