



FREDERICK FALCONS WEEKLY NEWS

OCTOBER 4, 2024



PRINCIPAL'S MESSAGE

Dear Frederick Families,

Today's newsletter marks the first time that we are distributing our weekly communication via the new ParentSquare platform. Hopefully you have been receiving the previous test messages sent out by the district over the last week. ParentSquare will be our method for communication going forward. We were also made aware that there were some issues with newsletters being received last week, so hopefully this change will also correct some of those issues.

As communicated previously, we will always strive to have our weekly newsletters sent by 3:00PM on Fridays (or the last day of school that particular week). Newsletters will also be posted on the Frederick School webpage shortly after they are sent out to our families.

This week's newsletter is packed with a lot of information, including some new opportunities for our students to get involved in different activities including Science Olympiad and the upcoming wrestling clinics, which are great for any student who is interested in learning more about the sport or seeking to join the GMS team. Wrestling is one of the three sports that Frederick students are allowed to participate on GMS teams! Please make sure to take a close look at this information later in this newsletter.

We also wanted to remind everyone that next week will be our review of our district's ALICE procedures which are important to know in the event of potential violent threat to the safety of our students and staff. While we hope that this will never be something we have to encounter, it is important that we are all prepared. If you aren't aware of ALICE, please view the information included in this newsletter.

Finally, I wanted to celebrate the efforts our Frederick students. Each month, we aim to host a different activity that allows our students to connect or do something positive for our school community. Last Monday, the students had an opportunity to volunteer during recess times to help cleanup the grounds around our school. All in all, we had over 80 Frederick Falcons decide to help! It is so amazing to see our students invested in helping clear our local environment of litter and taking pride in their school community. We look forward to making an even bigger impact when our composting program launches on October 15th! A couple of photos from the cleanup are shown below, but check out our facebook page for more of that album. Way to go, Falcons!

Have a wonderful weekend everyone!



IMPORTANT DATES

WEDNESDAY, OCTOBER 9TH

LATE START

*SCHOOL BEGINS AT 10:05

*BUSES RUN APPROX. 80 MINUTES LATER THAN USUAL TIME

MONDAY, OCTOBER 14TH

NO SCHOOL

INDIGENOUS PEOPLE'S DAY

WEDNESDAY, OCTOBER 16TH

2ND FIRE DRILL

THURSDAY, OCTOBER 17TH

PICTURE RETAKE DAY

HEARING & VISION

SCREENING

FRIDAY, OCTOBER 25TH

6TH GRADE REC NIGHT

MORE INFO COMING SOON!



Frederick School

595 Frederick Rd.

Grayslake, IL 60030

Phone: (847)543-5300



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on Facebook!**



FALCONS OF THE WEEK

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Falcons of the Week - Team Resilience: (Pictured left to right): Chase M. (Mr. Piggott), Angelo P. (Mrs. Carr), Nate B. (Mrs. Terry), Zaire G. (Ms. Burda), Not Pictured: Rey L. (Mrs. Gheysen)

REMINDERS, NEWS & UPDATES



ALICE Safety Procedures Review & Rally Point Walking Trip - Next Week!

As everyone may be aware, CCSD 46 is an ALICE district. The ALICE protocol (Alert, Lockdown, Inform, Counter, Evacuate) helps give guidance on our response should we ever be confronted with a serious threat that could jeopardize the safety of anyone in our school community.

Please see the letter attached to this newsletter for information about our upcoming review of our ALICE procedures and our walking trip to Frederick's "Rally Point" during the week of October 7th. Knowing our procedures and the location of the rally point is important for our should an emergency evacuation ever need to occur.

More information regarding ALICE can be found on our district website at the link included below:

<https://d46.org/alice-parent-info/>

After reviewing the materials on the website or reviewing the attached letter, please reach out to Mr. Goschy at goschy.james@d46.org if you have any questions.



Composting Program Launching October 15th at Frederick!

We are so proud to begin a composting program at Frederick!
We will launch this exciting program on **Tuesday, October 15.**

Why should we compost and reduce the waste we generate?

- Food is the largest category of material sent to landfills. In 2019, 35 million tons of it went to landfills compared with only 2.6 million tons that were composted.
- Food in landfills generates methane, a harmful greenhouse gas that is 25x more potent than CO2 at trapping heat in the atmosphere.*
- School Board Policy 4:70 states a goal to reduce solid waste generated and to monitor progress

Here are more details and ways you can help:

Classroom Teachers will be presenting a class lesson including a video called [Zero Waste School an Education Video](#). It is a comprehensive video that teaches students about composting. The lesson will also include a sorting activity to encourage students to sort items typically found in a lunch.

Each classroom will be asked to select two Student Composting Ambassadors that can help guide students when sorting items in the lunchroom at the end of each lunch period. Each student will sort their lunch items in the appropriate containers at the end of their lunch period and our Ambassadors will remind students how to sort.

You can also find ways to reduce waste by considering the packaging that goes into a lunch. Include your child in conversations and decisions when preparing their snack and lunch for school. In the future we will share resources that can help build your understanding about the importance of composting.



Upcoming Vision and Hearing Screenings

The Lake County Health Department will be onsite to perform vision and hearing screenings. At the 5th and 6th grade levels, students who receive special services (IEP or 504) and students new to our district will be automatically screened. Screenings are scheduled for Thursday, October 17th.

If you have any concerns regarding your child's vision or hearing and would like to request they be screened, please reach out to our health office so he or she can be added to our list. You can call the main office or connect via email at fshealth@d46.org.

Frederick Annual Veteran's Day Assembly - Monday, November 11th

Calling All Veterans! We want to honor YOU!

On Monday, November 11th, we are hosting our annual Veterans Day assembly and are asking all veterans to join us. If you, a family member, friend or neighbor have served in the Armed Forces, please feel free to join us and be recognized for your service.

Veteran's Day Assembly RSVP

Veterans are invited to join us for refreshments beginning at 8:00am and then to attend our assembly from 9:00-10:00 AM. Please complete the RSVP form linked above so we can get a general headcount. Please wear your uniform if possible!

In addition, included at the end of this newsletter is an information form for students to share information about a service man or woman they know. This could be a family member, friend, or neighbor. Even if veterans you know can't attend the assembly, we would love to add them to our "Wall of Heroes" in our MultiPurpose Room! Forms should be returned to the Frederick office when completed.

If you have any questions related to Frederick's Veteran's Day Assembly, please contact Mr. Goschy at goschy.james@d46.org



2024-2025 Student Handbook Now Available - Response Needed!

The CCSD 46 Student Handbook for the 2024-2025 school year is now available. In effort to conserve resources, the handbook can be viewed or downloaded via the following link:

<https://d46.org/student-handbook>

On this page, there is also a link to download the [Student Handbook agreement form](#). After you have reviewed the handbook, please complete and submit the form to your child's homeroom teacher as soon as possible.

You may also submit the handbook agreement electronically via the following link:

[Electronic Student Handbook Agreement Form](#)

2024 -2025 Yearbooks On Sale NOW!

Yearbooks for the 2024-2025 school year are now on sale! Yearbooks are a great way to commemorate the school year with photos of students, staff, and all the events through out the year!

Yearbooks won't be distributed until May, but ordering ahead is the only way to guarantee your child will receive one. Please see the attached flyer or see the link below to order yours today!

[24-25 Frederick Yearbook Orders](#)





Science Olympiad

Frederick School is excited to be running our Science Olympiad program once again this school year! Any student interested should complete and turn in this [interest form](#) to the office by **October 28th**.

On **October 16th**, there will be an informational parent meeting at **7:00pm** in Grayslake Middle School multipurpose room where you will be able to learn more about Science Olympiad, what's involved, and connect with Coach Renner. *Please be sure to review the included flyer for more details!*

5th / 6th Grade Wrestling Clinics

Frederick School is excited to host an upcoming clinic for all Frederick students who are interested in getting involved with the sport of wrestling! This clinic will introduce participants to basic wrestling skills and rules and provide practice for live wrestling situations and matches. It is perfect for any students who may be interested in joining the wrestling team or just want to learn more about the sport!

Participants should wear shorts, t-shirts and/or sweats and have clean gym shoes. No bus after the sessions!

When: Tues. Oct. 22 / Wed. Oct 23 / Thurs. Oct. 24 / Mon. Oct 28 /
Tues. Oct. 29 / Wed. Oct. 30

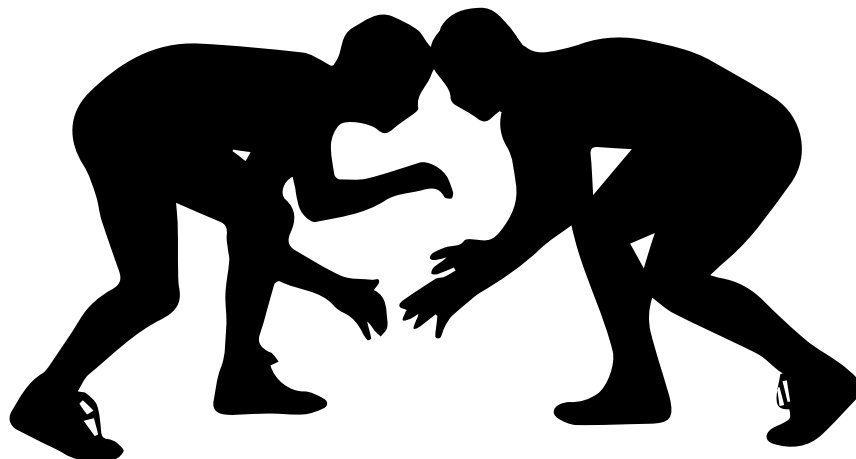
Times: All sessions will be after school (3:15 until 5:00pm)

The final session on Wednesday, Oct. 30th will be for matches only. We will try to match everyone with 2 regulation matches. This session will be from 3:30 p.m. until 5:15 p.m. On this final day, parents and friends are invited to attend the competition!

To register, please bring the completed registration form to first clinic attending. Students can also turn in the form to their P.E. teacher. This must be done in order for students to participate!

Registration Form

Questions? Please contact Coach John Welter at coachjwelter@yahoo.com



Help Wanted: Lunch / Recess Supervisors

At Frederick, we are looking for a few additional lunch/recess supervisors to assist in monitoring students during these periods. If you or anyone else may be interested in this opportunity, please check out the posting on the "Career Opportunities" page on the district website or linked below:

<https://d46.org/careers/career-opportunities/?category=Support+Staff>

This would be a great opportunity for those who enjoy working with kids and are looking for something for a few hours in the middle of the day!



UPDATES FROM THE PTO



Composting Launch at Frederick: Volunteers Needed!

Frederick School is piloting a composting and more robust recycling program for CCSD 46 starting Tuesday, October 15th!

We need parents/guardians willing to help students sort their recyclables, garbage, and composting in the proper bins in the lunchroom. Please review the available slots below and click on the link below to sign up. Additionally, watch this [video](#) that classes will be watching so you can help them sort.



Frederick Composting Program Launch: Volunteer Sign-Ups

The grade-level lunch schedule is listed below:

- 5th Grade: 11:18 - 11:58
- 6th Grade: 12:07 - 1:07

Thank you in advance for your help. We wouldn't be able to launch this program without you!

First School Night Out of the Year!

Frederick's first School Night Out will be on Tuesday, October 8 at Culver's on 83 in Grayslake. Visit Culver's at any time that day and they will generously donate 10% of the proceeds to our school! Be sure to mention "**School Night Out**" when ordering!



Family Trivia Night Registration is NOW OPEN!

Disney Family Trivia Night will be held on Friday, November 8th, from 6 to 9 PM at Grayslake Middle School (GMS).



All Frederick and GMS students, staff and families are invited to join us for an epic battle of Disney knowledge! Test your skills with six rounds of trivia, featuring questions from Disney, Star Wars, Pixar, and Marvel universes.

Gather a team of up to six people or come solo, and don't forget to dress up in your favorite theme! The top team or individual will walk away with a \$100 Grand Prize.

We will be taking pizza orders ahead of time and concession items will be available for purchase the night of! You will need to RSVP for trivia and order pizza no later than Monday, November 4th! To register and preorder pizza, click on the link below. Raffle Basket Bidding Drawing will open on Friday, November 1!

<http://go.rallyup.com/frederickgmsfamilytrivia>

Get ready for a night of fun, competition, and all things Disney!

Spiritwear - Now On Sale!

Frederick and GMS Spiritwear online stores are officially open and will remain open all year! You will have the option to have your order delivered to the school (parents choose pick up) or pay for shipping and have it shipped directly to your home!



There are many new fun styles and designs available...Check it out!

Frederick Online Store:

<https://jamintshirts.com/collections/frederick-school-spirit-wear>

Connect with the PTO: PTO Contact Info and Monthly Meetings

The Frederick/GMS PTO can be reached at the following places:

Email: frederickgms.pto@gmail.com

Website: frederick.d46.org/pto/

Facebook: Frederick-Grayslake Middle School PTO

General PTO Meetings will be held at the Frederick Library/Media Center from 5:00PM-6:00PM. These meetings are open to anyone interested in getting involved with the PTO or to hear what we are currently working on!



24-25 General PTO Meeting Dates:

October 23, 2024
November 20, 2024
December 11, 2024
January 29, 2025
February 26, 2025
March 12, 2025
April 23, 2023
May 14, 2025





FREDERICK SCHOOL

Community Consolidated School District 46

595 Frederick Road, Grayslake, IL 60030

847-543-5300 | FAX 847-548-7768

Mr. James Goschy, Principal

goschy.james@d46.org

Mrs. Mary Murphy, Assistant Principal

murphy.mary@d46.org

September 27, 2024

Dear Frederick Families,

As you may be aware, CCSD 46 is an ALICE district and information for our families regarding ALICE can be found on our district at the following link:

<https://d46.org/alice-parent-info/>

On **Tuesday, October 8th**, Frederick School will provide students with age-appropriate review of the ALICE (Alert, Lockdown, Inform, Counter, Evacuate) procedures. On this day, teachers will share information and lead discussions with the students regarding the ALICE protocols and what to do in the presence of an active threat to their safety.

In the event of an emergency requiring evacuation of students and staff, rally points for each school building have been identified. A rally point is an identified area where students and staff will go whilst evacuating.

Your student will be taking a walking field trip to learn where the rally point is located on **Thursday, October 10th** as a class. As is done during our law enforcement drill later this winter, age appropriate safety procedures will be shared.

In compliance with the Safety Drill Act, families have the right to exempt their child from participation in the upcoming ALICE review and Rally Point walking trip. If you do not wish for your child to participate in these activities with their peers, please contact James Goschy at goschy.james@d46.org and the Frederick administration will arrange for your child to work quietly in another space to provide an alternative review of our safety procedures.

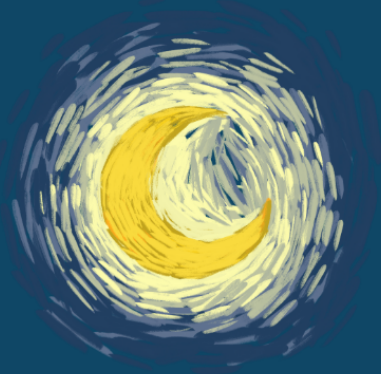
ALICE is a trauma-informed practice, which means that our staff will be very attentive to student needs throughout training and our drill. We do believe that informed students are empowered students, and hope that all of our students will be able to participate in ALICE training.

Sincerely,

James Goschy
Principal

Mary Murphy
Assistant Principal

SCHOOL NIGHT OUT



Visit Culver's on Route 83 in Grayslake at any time all day long and they will generously donate 10% of the proceeds to our school!

Be sure to mention "School Night Out" when ordering!



1239 N IL Route 83
Grayslake, IL 60030
847-548-1025

Thanks for supporting local restaurants and CCSD 46 schools!



Disney FAMILY TRIVIA



ARE YOU THE ULTIMATE
DISNEY FAN?

\$100 GRAND PRIZE
RAFFLE BASKETS

WHEN

FRI, NOV 8TH
6 PM - 9 PM

WHERE

GRAYSLAKE
MIDDLE SCHOOL

COST

\$25 TEAM
(UP TO 6 PEOPLE)
OR \$5 PER PERSON

**FORM A TEAM AND
DRESS IN THEME!**

**TO BID ON A BASKET OR
REGISTER, USE THE QR
CODE TO THE RIGHT**



PIZZA AND CONCESSIONS
AVAILABLE FOR PURCHASE ON-SITE

YEARBOOKS ON SALE NOW

ORDER TODAY

\$20

2024-2025
A YEAR IN OUR SHOES

[Click Here To Order](#)



The yearbook includes photos of homerooms, assemblies, rec nights and special events happening all year long!