

October. 2024. Frederick and Park West Lunch

MONDAY	TUESDAY	WEDNESDAY	<u>THURSDAY</u>	<u>FRIDAY</u>	
Milk Choices: 1% White Or Fat Free Chocolate	4 Cheese Stuffed Breadsticks W. Marinara Sauce Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	2 Brunch For Lunch! Mini Maple Waffles W. Turkey Sausage Fresh Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	No School	National Taco Day! 4 Beef Taco Fresh Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	<u>Weekly Choice</u> <u>Monday</u> Grilled Cheese <u>Tuesday</u> Cheese Quesadil <u>Wednesday</u> Cheesy Bosco
7 Sweet and Sour Chicken W. Rice Fresh Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	8 Beef Nacho Fresh Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	9 Brunch For Lunch! Mini Confetti Pancakes w. Turkey Sausage Fresh Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	10 Chicken Corn Dog Fresh Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	11 Cheese Calzone Fresh Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	Sticks With Marinara Sauce <u>Thursday</u> Cheese Tortellin <u>Friday</u> Pizza
14 No School	15 Turkey Taco Fresh Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	16 MmmBurger w. Cheese Baked Fries Just Picked Fresh Fruit Ice Cold Milk Pint	National Pasta Day!17 Spicy Chicken Tenders Fresh Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	18 Sausage Pizza Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	Hi Frederick of Park West It brings us great ju to be here! We are OrganicLife, and w are so excited to fu you through this
21 Chicken Sandwich Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	22 Chicken Taco Fresh Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	23 Brunch For Lunch! Mini Blue Berry waffle w. chicken Sausage Fresh Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	24 All Beef Hot Dog Baked Fries Just Picked Fresh Fruit Ice Cold Milk Pint	25 Jumbo Pretzel W. Cheese Sauce Fresh Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	school year with o wonderful tasting and health Lunche We aim to keep yo happy, healthy, an well-fed!
28 Chicken Tenders Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	29 Beef Nacho Fresh Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	30 MmmBurger w. Cheese Baked Fries Just Picked Fresh Fruit Ice Cold Milk Pint	31 Pancaked Wrapped Maple Turkey Corn Dog Fresh Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	Menus may be subject to change.	Oct 14 th -18 th is National Schoo Lunch Week

In accordance with Federal law and United States Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, nationalorigin, sex, age, and disability.



Ingredients,











