

Date	Total Calories	Total Calories	Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (Mg)	Carbs (G)	Sugar (G)	Sodium (Mg)	Fiber (G)	Protein (G)	Base Serving Size Amount
9/3	Double Chocolate Oat Bar	150	5g	1g	0g	0mg	24g	9g	110mg	3g	2g	1 each
9/4	WG Cheerios Strawberry Cereal Bar	160	3.5g	0.5g	0g	0mg	29g	9g	90mg	3g	2g	1 each
9/5	WG Cinnamon pop tart	170	3g	1g	0g	0mg	37g	15g	120mg	3g	2g	1 each
9/6	WarmChocolate Filled Crescent	240	8g	1.5g	0g	0mg	38g	11g	280mg	3g	6g	1 each
9/9	Warm Mini Blueberry Waffles	200	6g	1g	0g	0mg	35g	10g	170mg	3g	4g	1 each
9/10	Nutri- Grain Bar	150	3.5g	.5g	0g	0mg	31g	14g	140mg	3g	2g	1 each
9/11	WG Ultimate Breakfast Round	310	10g	3g	0g	5mg	50g	21g	210mg	5g	6g	1 each
9/12	Orange Loaf	160	5g	1g	0g	0mg	28g	32g	150mg	1g	3g	1 each
9/13	Chef Choice											1 each
9/16	Warm Mini Maple Waffles	210	6g	1g	0g	0mg	37g	13g	170mg	2g	3g	1 each
9/17	Campfire Smore Bar	150	5g	1.5g	0g	0mg	24g	9g	50mg	1g	2g	1 each
9/18	WG Golden Grahams Cereal Bar	150	3.5g	0g	0g	0mg	30g	9g	115mg	3g	9g	1 each
9/19	Strawberry Oatmeal Bar	140	4.5g	0.5g	0g	0mg	23g	9g	75mg	1g	2g	1 each
9/20	Warm French Toast	190	5g	1.5g	0g	0mg	37g	11g	210mg	4g	4g	1 each
9/23	Warm Apple Frudel	210	5g	1g	0g	0mg	38g	10g	270mg	3g	5g	1 each
9/24	WG Chocolate Muffin	200	8g	1.5g	0g	10mg	29g	28g	125mg	2g	3g	1 each
9/25	Super Donut	150	5g	1.5g	0g	0mg	23g	12g	190mg	1g	4g	1 each
9/26	WG Fudge Pop tart	170	3g	1g	0g	0mg	36g	15g	120mg	3g	2g	1 each
9/27	Chef Choice											1 each
9/30	Warm Mini Confetti Pancake	220	7	1			36		300		4	1 each